

2022 YEAR IN REVIEW

# Bridges *of* Transformation







# Dear *Friends*,

**2022** was a year of transformation for HBI, characterized by renewed focus, fruitful relationships, and learning. Working with dedicated staff and Peruvian communities helped us:

**Clarify our focus and model:**

HBI's approach to child welfare services meant leveraging connections with leading child welfare organizations to refine our programs and Centers of Excellence (CoE) model.

**Build knowledge and partnerships:**

We engaged in foundational CoE research on child welfare services, and built partnerships to expand the Newborn Resuscitation Training Program (NRTP) and the Mission of Alto Cayma Community Clinic.

**Evolve to the community's deeper needs:** Tailoring existing programs to fit our partner communities' needs, HBI transitioned siblings of Ines Project participants into our Accompanying Adolescents program, and contextualized the widely used Well-being Indicator Tool for Youth (WIT-Y) for use in Perú.

We express our gratitude for your continued support for communities in Perú, and look forward to a new year of health, hope, home, and purpose.



**Wayne Centrone**  
Founder & Executive Director

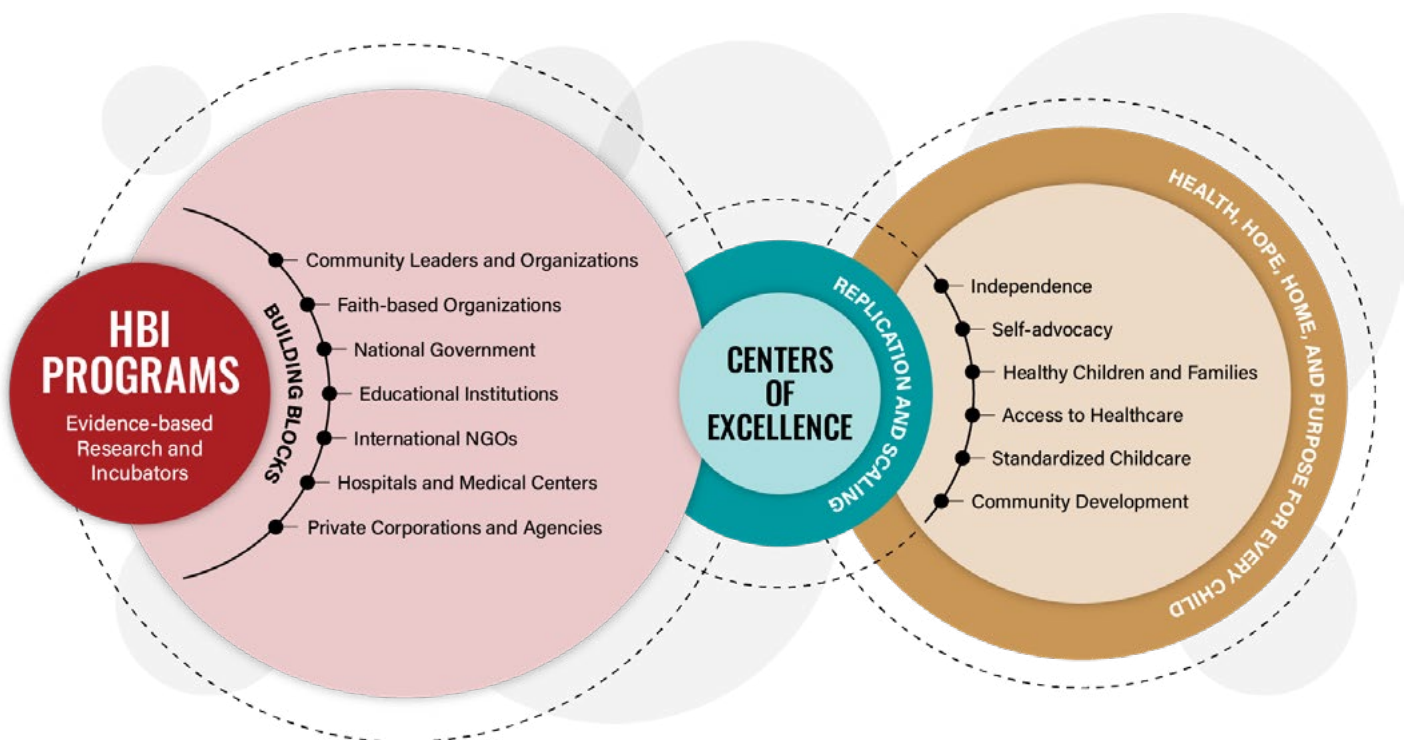


## MISSION

We collaborate with local experts, advocates, and organizations to build evidence-based models that protect and empower vulnerable children.

## VISION

Our vision is a world where every child, youth, and young adult has access to a life built on health, hope, home, and purpose.



Our model ensures that children and families across Perú will have access to quality caregiving and medical treatment through our **Centers of Excellence (CoE)** – community-driven and replicable frameworks for healthcare and welfare providers like NGOs, government agencies, educational institutions, and youth organizations.

## 2022 HIGHLIGHTS

Developments in our programs and research gave us a deeper understanding of Peruvian children and families' needs, improving our ongoing plans to strengthen healthcare and welfare services on a national scale.

### **CASA GIRASOLES**

The Casa Girasoles team continued to incubate child welfare best practices, and introduced the Gravel Adventure Bike Camp and the Well-being Indicator Tool for Youth (WIT-Y).

### **NEWBORN RESUSCITATION TRAINING PROGRAM (NRTP)**

Agreements with the Peruvian College of Nurses, the Peruvian College of Midwives, and several universities supported NRTP's expansion to train more health professionals.

### **MISSION OF ALTO CAYMA COMMUNITY CLINIC (MISSION CLINIC)**

Through the Community of Practice learning model, the Mission Clinic and HBI promoted collaborative healthcare models by working with local health professionals, and US medical school and residency programs.


### **ACCOMPANYING ADOLESCENTS PROGRAM**

Siblings of participants previously enrolled in the Ines Project joined HBI's Accompanying Adolescents program.

### **CENTERS OF EXCELLENCE (CoE)**

HBI completed Phase I of our CoE research, where we identified gaps in child welfare services in Perú through a research partnership with Paths of Hope, Thomas Jefferson University, and Universidad Catolica Santa Maria.





“Giving a child the confidence to achieve their goals is a powerful force in individual development, which influences group development. The children say to themselves: *if Luchito did it, I can do it, too.*”

– **María Del Carmen Ayala**  
Psychologist at Casa Girasoles in Ica

“If they study, they can change their lives, and by changing their lives, they change the world.”\*

– **Professor Rully Sánchez Altamirano,**  
Teacher at Casa Girasoles in Cusco

### **60 kids living outside of parental care**

now have stable home environments in Casa Girasoles, where a Peruvian team of child welfare professionals apply a holistic approach to child care and youth development.

### **Self-assessment tool WIT-Y**

was culturally and linguistically translated for youth to understand their overall well-being.

### **The first ever Gravel Adventure Bike Camp**

was held in Ica, where volunteers from around the United States spent a week cycling and doing workshops on art, bike maintenance, and life skills development with the boys from Casa Girasoles.

### **19 young adults**

who formerly lived in residential care accessed mentorship services offered by our Comunidad Girasoles.

### **50 additional certified NRTP trainers**

were supported by an agreement between the Peruvian College of Nurses and HBI to effectively train more nurses under the “train-the-trainer” model.

### **Over 200,000 residents**

on the outskirts of Arequipa in Alto Cayma and Zonas Altas continue to be served by the Mission Clinic.

\*(Quotes translated from Spanish.)



### **Alto Cayma Model Community Health Center**

HBI facilitates a model community health center with the Mission Clinic and U.S. medical schools (University of California Irvine, University of California San Francisco, Yale University, Oregon Health and Sciences University) under a collegial exchange and mentorship program.

### **Accompanying Adolescents program**

Youth at risk of dropping out from school can now access career guidance and life planning workshops through the Accompanying Adolescents program administered by a psychologist focusing on adolescence.

### **CoE Research Phase I completion**

Working in collaboration with the Paths of Hope NGO, Dr. Stephen Didonato from the Thomas Jefferson University (Philadelphia, USA) and faculty from the school of community health at Universidad Catolica Santa Maria (Arequipa, Perú), HBI completed Phase I of the CoE research, a first of its kind study of best practices in child welfare services for agencies in low- and middle-income countries.

### **Child protective services app**

In partnership with the University of Maryland and Artemis Associates, HBI is developing a mobile application for screening the holistic needs of children entering child protective services in Perú.

# Looking Ahead

In 2023, we will continue working with communities to provide children and families the quality caregiving and healthcare they deserve by:



**Launching Phase II of the CoE research with site visits and web-based training;**



**Opening the new Mission of Alto Cayma community health center to serve more than 30,000 Alto Cayma residents;**



**Implementing our Child Empowerment Toolkit by working with child welfare organizations to train staff in our unique trauma-informed, motivationally enhanced, and strengths-based youth development model; and**



**Growing NRTP by involving new partners and expanding our outreaches around Perú.**

No matter the time and energy it takes, our partners and supporters work with us and communities in Perú in championing healthier, brighter futures.

## Thank you for your support!



HEALTH BRIDGES INTERNATIONAL, INC.  
STATEMENT OF FINANCIAL POSITION  
as of December 31, 2022 | in USD

## ASSETS

Total Current Assets	556,204.05
Total Fixed Assets	5,324.26
<b>TOTAL ASSETS</b>	<b>561,528.31</b>

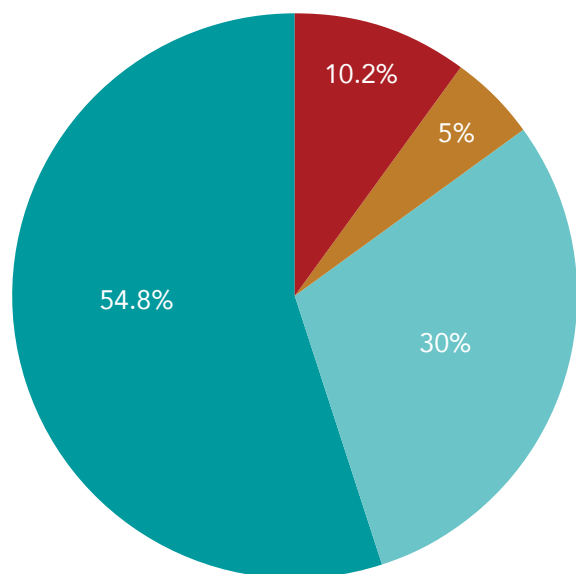
## LIABILITIES & EQUITY

Charitable Liabilities	12,316.25
Unrestricted Net Assets	233,651.55
Net Revenue	315,560.51
<b>TOTAL LIABILITIES &amp; EQUITY</b>	<b>561,528.31</b>

## ACTIVITY

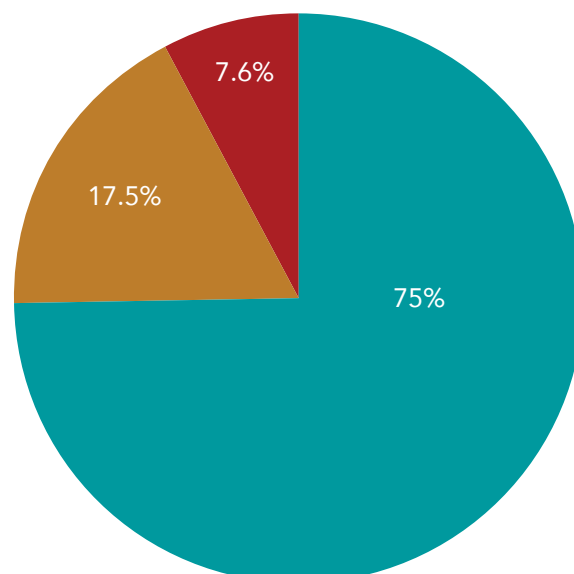
January – December 2022

## USE OF FUNDS



Programs	326,771.99
Personnel	179,272.40
Operations & Administration	29,710.97
Fundraising	60,948.10
<b>TOTAL</b>	<b>596,703.46</b>

## SOURCES OF FUNDS



Foundations	159,404.12
Individual	683,786.36
Alto Cayma Donations	69,073.49
<b>TOTAL</b>	<b>921,263.97</b>